



UPDATE ON 2025/26 GP CONTRACT CHANGES

Dear colleagues,

We are aware that there has been considerable concern regarding some of the contract regulations due to come into force on 1st October 2025.

The BMA have sought legal advice and published the following documents relating to the changes:

['1st October 2025 changes to regulations and practice contracts regarding patient 'contact with the practice''](#)

['Online consultation requests - Managing patient care safely post-1st October 2025 \(BMA\)'](#)

We are also grateful to our colleagues at Berkshire, Buckinghamshire and Oxford LMC's who have produced a helpful narrative on the new contractual arrangements. Please click [here](#) to view this.

Dr Danielle McSeveney
Chair